



If you have a cough, or fever, or shortness of breath and have been to any of these places in the last 14 days:

- China
- Thailand
- Japan
- Republic of Korea
- Hong Kong
- Taiwan
- Singapore
- Malaysia
- Macau
- Vietnam
- Cambodia
- Laos
- Myanmar
- Northern Italy (north of Pisa)

Stay indoors and call NHS Direct Wales on **0845 4647** or **111 Wales**, if available in your area

If you have returned from these specific areas:

- Iran
- Specified towns in the Lombardy and Veneto regions in Northern Italy
- Daegu or Cheongdo in South Korea
- Hubei province (returned in the past 14 days)

Make your way to your residence. Stay indoors and call NHS Direct Wales on **0845 4647** or **111 Wales**, if available in your area, even if you do not have symptoms



Visit phw.nhs.wales/coronavirus/ for more information